

# “Keep Your Eyes on Jesus!” Pool Noodle Binoculars Craft

*Perfect for Sunday School, Preschool, or Home!*

**Big Idea:** When we focus on Jesus, we can trust Him—even when life feels stormy.

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## Supplies Needed:

- **2 Pool Noodle Pieces (or 2 cardboard tubes):** Cut into equal “binocular” lengths (about 4–6 inches)
- **Duct Tape or Strong Craft Tape (or Hot Glue—adult only):** To attach the two tubes together
- **Foam Stickers or Construction Paper Shapes:** Hearts, crosses, stars, etc. for decorating
- **String/Yarn (or Ribbon):** To make a neck strap
- **Hole Punch (if using cardboard tubes):** For strap holes
  - *Pool noodle option:* Use a pencil/wood skewer to make small holes (adult help)
- **White Paper Strip:** For the verse label
- **Markers:** To write the message + reference
- **Scissors**



## Step-by-Step Instructions:

### 1. Prepare the “Binocular” Tubes

- Cut **two matching pieces** of pool noodle (about **4–6 inches** each). If you don’t have a pool noodle available, you can use cardboard tubes/rolls.
- Place them side-by-side like binoculars.

### 2. Attach the Binoculars Together

- Wrap strong craft tape around the **middle** to hold the two pieces of pool noodle together. (Or a teacher or adult can prepare these in advance using hot glue).
  - *If using cardboard tubes, a stapler can be used at each end to attach the two pieces together.*
- Add a second strip if needed so it feels sturdy.

### 3. Add the Bible Message Label

- Cut a strip of white paper long enough to wrap around both tubes.
- Write: **“Keep your eyes on Jesus!”**
- Add the reference: **Matthew 14:22–33** (or *Matthew 14:29–30 for a shorter focus*)
- Wrap the strip around the top and tape/glue it in place.

### 4. Decorate the Binoculars

- Let kids add foam hearts/crosses (like the template), stickers, or paper shapes.
- Encourage simple symbolism:
  - **Cross = Jesus**
  - **Heart = God's love**
  - **Blue = water/storm**
  - **Star = faith**

**Preschool Tip:** Offer 4–6 pre-cut shapes per child to keep it quick and manageable.

## 5. Add the Neck Strap

Choose one method:

### 1. Pool Noodle Method (Adult Help)

- Carefully poke a small hole near the bottom outside edge of each tube.
- Thread yarn through both holes and tie knots inside so it won't slip out.

### 2. Cardboard Tube Method

- Hole punch one hole on the outside of each tube.
- Tie yarn ends through holes to form a strap.

**Safety Tip:** Keep straps shorter for little ones and supervise wear.

## 6. Practice the Lesson (Fun + Memorable!)

Have kids look through their binoculars and repeat:

- **“I will keep my eyes on Jesus!”**  
Then ask:
- “What happens when we look at the waves instead of Jesus?” (*We get scared—like Peter.*)
- “What can we do when we feel afraid?” (*Pray, remember God's Word, ask Jesus for help.*)

For more crafts and other Sunday School resources to help your child grow in faith, check out <http://www.kidscorneratunitedfaithchurch.org>

### Find more content:

- Full sermon on Fixing Our Eyes on Jesus: <https://www.unitedfaithchurch.org/fix-your-eyes-on-jesus/>
- United Faith Church, Barnegat NJ: <https://www.unitedfaithchurch.org/>
- Pinterest: <https://www.pinterest.com/unitedfaithchur/>
- Instagram: [https://www.instagram.com/united\\_faith\\_church\\_barnegat/](https://www.instagram.com/united_faith_church_barnegat/)

